



## Rising Star of the Month

Sophia started music therapy sessions with MusicWorks in May of 2017. Sophia brings her bright smile and positive attitude to every music therapy session. She has excelled in communicating, interacting with her peers and encouraging others during group activities. She follows directions well throughout all activities during the sessions. Sophia loves to play the ukulele every week during our "Hello Song" and sings along with the music therapist. She also enjoys singing into the microphone and dancing with her peers. She has been trying out and exploring new instruments in sessions like the Theremin and the cello! She is always ready to play music and share her musical interests with her others. Sophia is a wonderful role model in the sessions. Congratulations to Sophia, our MusicWorks Rising Star of the Month!



**Schuyler Redden, MT-BC**  
Music Therapist, MusicWorks

## Grant Information

Finishing touches for our Hatboro Treatment Center included an illuminated sign and window films for privacy. This project was funded through a generous grant from the Catholic Human Services Foundation. THANK YOU CHSF!



**Lori O'Leary, MBA**  
Executive Director, MusicWorks

## Music Therapy Tip: Boomwhacker Tubes



Boomwhacker tubes are colorful tubes that we use in music therapy sessions to create all kinds of sounds in an engaging way that is fun for kids and adults. Pitched on a C-major scale, Boomwhackers vary in length, with the longer ones producing lower notes and the short ones producing higher notes. Additionally, as the tubes grow in size, they gradually follow the pattern of a color wheel through vibrant hues of red, orange, yellow, green, blue, purple, which can be seen when the tubes are arranged in order. We often use these tubes in modeling the beat of a particular song as a group, taking turns to give kids and adults a chance to let the group know where or how we should play the Boomwhackers. This instrument creates a collaborative environment and allows kids and adults to create a common sound as a group in a way that acknowledges their strengths while encouraging them to interact with each other in a positive manner. The uses of Boomwhacker tubes are only limited to the imagination of the player, they are an important part of the music therapy sessions at MusicWorks for their versatility, ease of play and fun they create.

**Jacob Mauersberg, MT-BC**  
**Music Therapist, MusicWorks**

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## Music Therapy in the News - How Does Music Therapy Work?

Read how music therapy works inside our brains and some challenges that can be helped through music therapy.

[Click here for full article](#)

**Jerry O'Leary, MA, MT-BC**  
**Director of Music Therapy, MusicWorks**



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## Thank You ..... McAndrews Law!

A huge thank you to Caitlin McAndrews, Esq. and Jennifer Grobe, Esq. of McAndrews, Mehalick, Connolly, Hulse, Ryan and Marone P.C., for compiling this invaluable Parents Back-to-School Checklist. Students with disabilities face unique challenges each day, and the beginning of the school year is no exception. McAndrews and Grobe are experts in the field of special education law, developed this important checklist for parents to keep in mind as the new school year approaches, including tips for reviewing their child's IEP, communication strategies with the school, and ways to help students stay on track all year long!

### *Parent's Back-to-School Checklist*

- ☐ Make a list of "must have" services, accommodations, and supports for the school year
- ☐ Review your child's IEP
- ☐ Connect with your child's teacher(s), therapists, coaches, and moderators of extra-curricular activities
- ☐ Schedule a "walk through" of the school building (and playground!) for you and your child
- ☐ Review transportation plan
- ☐ Ease into before school and after school routines
- ☐ Establish a homework "spot" in your house
- ☐ Identify potential solutions to your child's biggest organizational challenges before classes begin
- ☐ Talk to your child about their back-to-school excitement and anxieties
- ☐ Calendar to check in with your child's teacher in early October

**Lori O'Leary, MBA**  
**Executive Director, MusicWorks**

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### Upcoming Events

MusicWorks will participate this year in the Philadelphia **GenerositySeries Multi-Charity 5K Run/Walk** on Sunday, October 6, 2019, 7:30 am in Fairmont Park. Run or walk to raise funds for music therapy programs for individuals in need!



**[REGISTER HERE](#)** as an individual or start a team! Help us to provide music therapy programs to children, young adults and seniors!

Look for our  
**COMEDY NIGHT FUNDRAISER**  
in January / February 2019!



## SAVE THE DATE

MusicWorks Annual Event at  
DiFabio's in Springfield, PA  
March 28, 2020  
7 pm to 11 pm

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## Stay Connected

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## Thanks to our Long Time Supporters



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