

MusicWorks *The Delaware Valley's Premier Music Therapy Service Provider*



Rising Star of the Month



Aria began sessions in November 2018 and has already progressed so much! She enjoys playing the guitar, shaking egg shakers, dancing during the "Hello" song, playing the ocean drum and cabasa. Aria always smiles and laughs throughout the music therapy session and has grown to love a variety of instruments including the piano, wind chimes and the drum. She is learning to walk and uses music therapy as an opportunity to work on her balance and walking in step with preferred instruments. Aria lights up the room when she is in music therapy sessions and she is the perfect choice for MusicWorks Rising Star of the Month! Keep up the great work, Aria!

Emily Byrnes, MT-BC
Music Therapist, MusicWorks

Financial Assistance to Individuals at MusicWorks

This past fiscal year, financial assistance has been provided to clients that qualify by the Ardmore Rotary, CCRES, the Huston Foundation, and the Ethel Sergeant Clark Memorial Fund. If you know an individual looking for music therapy services that might not be able to afford our services, encourage that family to apply for assistance. Applications being considered through April 30, 2019. Contact MusicWorks!

Lori O'Leary, MBA
Executive Director, MusicWorks

Music Therapy Tip: Why Do We Use Rainsticks?



The rainstick is a great instrument to use with children and adults of all ages. It is believed that rainsticks originate from Central and South America and are usually made from any of several species of cactus. The rainsticks played at MusicWorks are clear plastic tubes filled with different colored beads and are used as a sensory instrument. Everyone loves shaking the beads from one end to the other and it helps them improve personal focus and attention. A client's rhythm and timing skills are also enhanced through playing the rainstick. The rainstick produces a calming, rain-like sound that can soothe clients.

Schuyler Redden, MT-BC
Music Therapist, MusicWorks

Music Therapy in the News - Autism and the Brain

Please read this fascinating article from **Psychology Today** that suggest that "New research suggests that music therapy improves social communication in ASD".

March 2, 2019



[To read this recent article CLICK HERE](#)

Jacob Mauersberg, MT-BC
Music Therapist, MusicWorks

Thank You to all Providers and Caregivers

All kids need a little help, a



little hope and someone to believe in them.

~ Magic Johnson

Thank you to ALL the providers and caregivers who take care of those on the autism spectrum every day.

Upcoming Events

Tuesday, April 9, 2019
Sensory Day at LEGOLAND!
Plymouth Meeting Mall
5:00 to 7:00 pm

BRING the entire family. For this Sensory Event, LEGOLAND is offering a super, duper discount for children and adolescents up to age 17 on the autism spectrum and their families. Tickets at the lowest price offered at \$8.00 per person!

[For More information and tickets](#)

Next LEGOLAND date is July 23, 2019.

Wednesday, April 10, 2019
Autism Resource Fair
Primos Elementary School
861 Bunting Lane, Clifton Heights, PA
6:00 pm to 8:00 pm

A great way for Upper Darby School District families to check out resources for students diagnosed with Autism Spectrum Disorder.

Thursday, April 25, 2019
DCIU Autism Resource Fair
Marple Education Center
85 N. Malin Road, Broomall, PA
6:00 pm to 8:00 pm

Obtain valuable information and meet professionals who provide supports and services to students diagnosis with an Autism Spectrum Disorder.



May the Music Be With You May 4, 2019



MusicWorks 9th Annual Music & Miracles Fundraising Event

May the Music Be With You

Date: May 4, 2019
Time: 7:00 pm to 11:00 pm

An evening filled with friendship and fun to benefit music therapy programs at MusicWorks.

Music Trivia, DJ for dancing, Silent Auction

Held at DiFabio's Spring Valley
400 W. Woodland Avenue (RT 420)
Springfield, PA 19064

[To purchase tickets, click here. THANK YOU](#)

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**K Ten Kids
Foundation**

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