

**MusicWorks** *The Delaware Valley's Premier Music Therapy Service Provider*

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### Rising Star of the Month



Tony has been involved in our music therapy program for the past two years and in fact, March 2019 marks his second anniversary working with MusicWorks. Tony is a spirited young man with an uncanny sense of humor. He brings energy and excitement to his group music therapy session. He helps peers around him feel free to improvise and participate fully in all music therapy activities. I had the pleasure of working with Tony for his first year at MusicWorks. He is always open to trying new activities and playing a variety of instruments. He is pictured here playing the Joia tubes. Tony provides a real spark to the music therapy group and his Mom and Dad are very supportive of his efforts. MusicWorks is very pleased to select Tony as our Rising Star of the Month!

**Jerry O'Leary, MA, MT-BC**  
**Director of Music Therapy, MusicWorks**

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### EITC Contributions



MusicWorks was grateful to accept an EITC Contribution from Univest. Donations from businesses this year will fund our Educational Improvement Organization initiative adding music therapy to Chichester School District's elementary school program for autistic support and emotional support classrooms. Thank you Univest for making a huge difference in the lives of these special students in Southern Delaware County.

**Lori O'Leary, MBA**  
Executive Director, MusicWorks

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## Music Therapy Tip: A Cabasa?



The cabasa, or "sound brush" as some of the kids know it, is a wonderful sensory instrument. Its roots stem from being a Latin percussion instrument, holding the handle and using the other hand to push the beads back and forth in a consistent, rhythmic pattern. The cabasa has been used in music therapy as a sensory instrument that the kids cannot get enough of! Whether it's helping with motor skills by using one or two hands at a time, sensory stimulation by playing it on their arms and legs, or just jamming along to a song, the cabasa / sound brush is a fan favorite among many!

**Emily Byrnes, MT-BC**  
Music Therapist, MusicWorks

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## Music Therapy in the News



Our article this month discusses the following solutions for stress. "Whether it's art and music therapy or art and music as therapy, it calms traumatized teens."

[To read the full article, click here.](#)

Check it out! Especially if you have a teenager facing the stress and pressures of high school and college years.

**Schuyler Redden, MT-BC**  
Music Therapist, MusicWorks

**YOU'RE AWESOME!**

**To our MusicWorks Staff**

**Thank you for your  
hard work and dedication  
this month!**

The month of February has been a challenge - snow, ice, sleet, rain. Our MusicWorks Staff worked very hard to service all clients on a weekly basis.

We appreciate our staff shifting around their personal schedules to make sure each client was served. We appreciate our staff coming into our centers to notify clients that we were closed.

We appreciate our team's flexibility and know our clients do too!

## Upcoming Events

**Tuesday, March 19, 2019**  
**Sensory Day at LEGOLAND!**  
**Plymouth Meeting Mall**  
**5:00 to 7:00 pm**

BRING the entire family. For this Sensory Event, LEGOLAND is offering a super, duper discount for children and adolescents up to age 17 on the autism spectrum and their families. Tickets at the lowest price offered at \$8.00 per person!

[For More information and tickets .....](#)

Next LEGOLAND date is April 9, 2019.

**Wednesday, April 10, 2019**  
**Autism Resource Fair**  
**Primos Elementary School**  
**861 Bunting Lane, Clifton Heights, PA**  
**6:00 pm to 8:00 pm**

A great way for Upper Darby School District families to check out resources for students diagnosed with Autism Spectrum Disorder.

**Thursday, April 25, 2019**  
**DCIU Autism Resource Fair**  
**Marple Education Center**  
**85 N. Malin Road, Broomall, PA**  
**6:00 pm to 8:00 pm**

Obtain valuable information and meet professionals who provide supports and services to students diagnosis with an Autism Spectrum Disorder.



# May the Music Be With You May 4, 2019



## MusicWorks 9th Annual Music & Miracles Fundraising Event

### *May the Music Be With You*

Date: May 4, 2019  
Time: 7:00 pm to 11:00 pm

An evening filled with friendship and fun to benefit music therapy programs at MusicWorks.

Music Trivia, DJ for dancing, Silent Auction

Held at DiFabio's Spring Valley  
400 W. Woodland Avenue (RT 420)  
Springfield, PA 19064

[To purchase tickets, click here. THANK YOU](#)

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## Thanks to our Generous Sponsors



**K Ten Kids  
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Lori O'Leary | MusicWorks | 610.449.9669 | [www.musicworkswonders.org](http://www.musicworkswonders.org)

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